

The Torah of Dreams: Understanding Our Dreams Through the Lens of the *Pardes*

With Linda Schiller

Jewish tradition honors and respects dreams and dream interpretation and references it in Torah, Talmud, and Zohar. This course introduces the rich tradition of Jewish dreamwork, and presents the participants with a unique method of understanding the layers of their dreams through the framework of the Pardes method of studying Torah. This allows participants to capture the multiple and rich layers of meaning for themselves and others, including spiritual insights and connections through dreams as well as gaining insights about physical, emotional and relational issues or dilemmas in their life. This is an interactive participatory workshop that will leave members with a full toolbox of dreamwork methods and techniques based in Jewish mindful and spiritual practices.



Discuss engaging issues and ideas



Build connection and community



Find meaning in Jewish sources of wisdom



Mondays 6:30-8pm
Via Zoom

October 19, 26;
November 2, 9, 16 and 23, 2020

Fee: \$162

Register [here](#)

Yael Linda Schiller, MSW, LICSW, is a body/mind/spiritual psychotherapist, author, trainer, and consultant. She has presented and taught dreamwork from multiple perspectives for the past 35 years internationally, and is the author of the recently published book, "Modern Dreamwork: New Tools for Decoding Your Soul's Wisdom". Her full bio is available [here](#).

FOR MORE INFORMATION

Visit hebrewcollege.edu/ocjl or contact Linna Ettiinger at lettinger@hebrewcollege.edu.



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